# TWO COURSE SET MEAL £10.95

One starter and one main course from the following:-

# THREE COURSE SET MEAL £13.95

One starter, one main course and one dessert from the following:-

### SERVED ALL DAY EVERY DAY

# **STARTERS**

- 1. **ASH-e RESHTEH** (V) soup made with Persian noodles, pulses and fresh herbs.
- 2. MIRZA GHASEMI (V) smoked aubergine, tomatoes, eggs and garlic.
- 3. **MAST-o MOOSIR** (V) moosir is a cross between a shallot and a garlic with a very mellow flavour, native to Persia, it is chopped and mixed with thick strained home made yoghurt.
- 4. **DOLMEH** (V) vine leaves stuffed with rice and aromatic herbs.
- 5. MAST-o KHIYAR (V) chopped cucumber and mint mixed with thick strained home made yoghurt.
- 6. **HUMMOUS** (V) pureed chickpeas, tahini, garlic and lemon juice.
- 7. **BOORANI-ye ESFENAJ** (V) steamed spinach mixed with thick strained home made yoghurt.
- 8. **OLVIYEH** Diced chicken, gherkins, eggs, potatoes carrots and peas in a light coating of mayonnaise.

# **MAIN COURSES**

9. KABAB KOOBIDEH

Two skewers of finely minced lamb kabab served with a grilled tomato and steamed rice.

10. **JOOJEH KABAB** 

A skewer of saffron and lemon marinated cubes of chicken fillet served with a grilled tomato and steamed rice.

11. GHORMEH SABZI

A stew made of aromatic mixed herbs cooked with lamb, red kidney beans and dried limes, served with steamed rice.

12. **GHEIMEH** 

Lamb stew with split yellow peas and dried limes cooked in a cinnamon and tomato sauce; topped with matchstick chips, served with steamed rice.

13. BAMIEH

Lamb and okra in a tomato sauce served with steamed rice.

#### 14. **FESENJAN**

Sweet and sour chicken stew made with pomegranate puree and ground walnuts served with steamed rice.

### 15. ADDAS POLOW

Steamed rice layered with lentils and raisins, flavoured with cinnamon and saffron; served with braised chicken.

#### 16. **ZERESHK POLOW**

Steamed rice mixed with bright ruby-coloured barberries, loved for their mouth watering piquancy, saffron and slivered pistachios, served with braised chicken.

### 17. SALAD-e-JOOJEH

Succulent pieces of saffron and lemon marinated chicken fillet served on a bed of mixed salad.

## 18. **SALAD-e-SABZI** (V)

A light and tasty salad of mixed lettuce leaves, herbs, olives, feta cheese, walnuts, tomatoes, cucumber and red onions.

# 19. AUBERGINE STEW (V)

Split yellow peas and sautéed aubergine cooked in a tomato sauce flavoured with dried limes, served with steamed rice.

# 20. OKRA STEW (V)

Okra in a cinnamon and saffron flavoured tomato sauce served with steamed rice.

# DESSERTS

#### 1. **BAGHLAVA** (V)

Parcels of filo pastry filled with ground almonds and pistachios.

#### 2. **BASTANI** (V)

Saffron, rosewater and pistachio flavoured ice-cream.

## 3. **PALOODEH** (V)

Persian sorbet threaded with rice noodles and flavoured with lemon juice.

#### 4. CHOCOLATE and VANILLA ICE-CREAM

## 5. **MAKHLOOT** (V)

A combination of Persian ice-cream and sorbet - very traditional.

V- suitable for vegetarians